

Montag , 20.06

09:00 - 09:55

Yoga
Elissa

10:10 - 11:05

Pump
Graziella

18:00 - 18:55

BBP (Bauch, Beine, Po) /
Bodytone
Ariane

Dienstag , 21.06

09:00 - 09:55

BBP (Bauch, Beine,
Po) / Bodytone
Ariane

10:10 - 11:05

Rückenfit
Isabel

18:00 - 18:55

TRX
Patrizia

19:10 - 20:05

BBP (Bauch, Beine,
Po) / Bodytone
Graziella

Mittwoch , 22.06

09:00 - 09:55

Zumba
Sibylle

10:10 - 11:05

Cycling
Carlo

18:00 - 18:55

Pump
Graziella

Donnerstag , 23.06

09:00 - 09:55

BBP (Bauch, Beine,
Po) / Bodytone
Ariane

10:10 - 11:05

Yoga
Isabel

18:00 - 18:55

TRX
Anita

19:10 - 20:05

Power Yoga
Elissa

Freitag , 24.06

09:00 - 09:55

TRX
Graziella

10:10 - 11:05

Rückenfit
Isabel

Samstag , 25.06

10:00 - 10:55

Zumba
Silvio

11:10 - 12:05

BBP (Bauch, Beine, Po) /
Bodytone
Ariane

Sonntag , 26.06

10:00 - 10:55

Cycling
Barbara