

Montag , 03.04

09:00 - 09:55

Yoga
Elissa

18:00 - 18:55

BBP (Bauch, Beine, Po) /
Bodytone
Ariane

19:00 - 19:55

Pump
Graziella

Dienstag , 04.04

09:00 - 09:55

BBP (Bauch, Beine, Po) /
Bodytone
Ariane

10:10 - 11:05

Rückenfit
Isabel

18:00 - 18:55

TRX
Graziella

Mittwoch , 05.04

09:00 - 09:55

Zumba
Sibylle

10:10 - 11:05

Cycling
Carlo

18:00 - 18:55

Pump
Cristian

Donnerstag , 06.04

09:00 - 09:55

BBP (Bauch, Beine,
Po) / Bodytone
Ariane

10:10 - 11:05

Yoga
Isabel

18:00 - 18:55

Power Yoga
Elissa

19:00 - 19:55

BBP (Bauch, Beine,
Po) / Bodytone
Tea

Freitag , 07.04

10:00 - 11:30

BBP Special
Graziella

Samstag , 08.04

10:00 - 10:55

Zumba
Deniz

11:10 - 12:05

BBP (Bauch, Beine, Po) /
Bodytone
Ariane

Sonntag , 09.04