

Montag , 22.05

09:15 - 10:10

BBP (Bauch, Beine, Po) / Bodytone
Melanie

18:05 - 19:00

Pilates
Astrid

19:15 - 20:10

Zumba
Petra

20:25 - 21:20

Pump
Ursi

Dienstag , 23.05

09:10 - 10:05

Pump
Ursi

10:15 - 11:10

Cycling
Antonietta

20:05 - 21:00

Fitboxe
Melanie

Mittwoch , 24.05

08:30 - 09:25

Cycling
Brigitta

09:35 - 10:30

Rückenfit
Claudia

17:50 - 18:45

Powerstep
Petra

19:00 - 19:55

Pump
Kurt

20:15 - 21:10

Pilates
Claudia

Donnerstag , 25.05

09:30 - 10:25

Zumba
Marion

18:00 - 18:55

BBP (Bauch, Beine, Po) / Bodytone
Katalin

19:00 - 19:55

Fitboxe
Karin

Freitag , 26.05

08:30 - 09:25

Over 50
Silvana

09:35 - 10:30

Pilates
Silvana

12:15 - 12:45

P.I.I.T
Janina

17:50 - 18:45

Zumba
Petra

Samstag , 27.05

09:30 - 10:25

Yoga
Liliya

Sonntag , 28.05

10:30 - 11:25

Pump Special
Team