

Montag , 21.04

Dienstag , 22.04

09:10 - 10:05

Muscle Work
Ursi

10:15 - 11:10

Cycling
Antonietta

18:00 - 18:30

P.I.I.T
Claude

19:00 - 19:55

Yoga
Jiyeun

20:05 - 21:00

Fitboxe
Marina

Mittwoch , 23.04

08:30 - 09:25

Cycling
Silvana

09:35 - 10:30

Rückenfit
Claudia

19:00 - 19:55

Muscle Work
Kurt

20:05 - 21:00

Yoga
Jiyeun

Donnerstag , 24.04

09:30 - 10:25

Zumba
Marion

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Andrea

19:00 - 19:55

Fitboxe
Karin

Freitag , 25.04

08:30 - 09:25

Over 50
Monika

09:35 - 10:30

Pilates
Monika

12:15 - 12:45

P.I.I.T
Claude

17:50 - 18:45

Zumba
Marion

Samstag , 26.04

09:30 - 10:25

Yoga
Nevin

Sonntag , 27.04

10:30 - 11:25

Muscle Work
Kurt