

Montag , 19.09

09:10 - 10:05

Zumba
Melinda

10:15 - 11:10

Kick Power
Angelika

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Jette

Dienstag , 20.09

09:10 - 09:40

Pump i.t.
Denise

09:50 - 10:20

P.I.I.T
Denise

18:00 - 18:55

Fitboxe
André

19:00 - 19:55

Pump
Martha

Mittwoch , 21.09

09:10 - 10:05

Fighttime
Denise

10:15 - 11:10

Pump
Denise

19:00 - 19:55

Zumba
Melinda

Donnerstag , 22.09

09:00 - 09:55

Power Yoga
Sandra

10:05 - 11:00

Pilates
Brigitte

Freitag , 23.09

09:10 - 09:55

Zumba
Deniz

10:05 - 11:00

Step'n Tone
Jette

Samstag , 24.09

Sonntag , 25.09