

Montag , 17.02

09:10 - 09:40

Simply Core
Angelika

10:15 - 11:10

Kick Power
Angelika

18:00 - 18:55

*BBP (Bauch, Beine,
Po) / Bodytone*
Jennifer

19:00 - 19:55

Power Yoga
Sandra

Dienstag , 18.02

09:10 - 09:40

Pump i.t.
Denise

09:45 - 10:15

P.I.I.T
Denise

18:00 - 18:55

Functional Workout
André

19:00 - 19:55

Pump
Martha

Mittwoch , 19.02

09:10 - 10:05

Fitboxe
Sally

10:10 - 11:05

Pump
Sally

Donnerstag , 20.02

09:00 - 09:55

Power Yoga
Fabienne

10:00 - 10:55

Pilates
Brigitte

18:00 - 18:55

Functional Workout
Angelika

19:00 - 19:30

Simply Core
Angelika

Freitag , 21.02

09:10 - 10:05

Zumba
Deniz

10:10 - 11:05

Step'n Tone
Brigitte

Samstag , 22.02

Sonntag , 23.02