

Montag , 13.01

09:10 - 10:05

Zumba
Catherine

10:10 - 11:05

Fitboxe
Angelika

18:00 - 18:55

BBP (Bauch, Beine, Po) / Bodytone
Brigitte

19:00 - 19:55

Power Yoga
Sandra

Dienstag , 14.01

09:10 - 09:40

Pump i.t.
Denise

09:45 - 10:20

P.I.I.T
Denise

18:00 - 18:55

Functional Workout
André

19:00 - 19:55

Pump
Martha

Mittwoch , 15.01

09:10 - 10:05

Kick Power
Denise

10:10 - 11:05

Pump
Denise

19:00 - 19:55

Zumba
Karina

Donnerstag , 16.01

09:00 - 09:55

Power Yoga
Bettina

10:00 - 10:55

Pilates
Brigitte

18:00 - 18:55

Functional Workout
Angelika

19:00 - 19:30

Simply Core
Angelika

Freitag , 17.01

09:10 - 09:55

Zumba
Deniz

10:10 - 11:05

Step'n Tone
Brigitte

Samstag , 18.01

Sonntag , 19.01