

Montag , 12.12

Dienstag , 13.12

08:30 - 09:25

Power Yoga
Flavia

18:15 - 19:10

Functional Workout
Bettina

18:30 - 19:00

Simply Core
Bettina

Mittwoch , 14.12

18:00 - 18:55

Deep Work
Flavia

18:00 - 18:55

Toning
Flavia

Donnerstag , 15.12

12:15 - 12:45

P.I.I.T
Bettina

18:30 - 19:25

Yoga
Iris

Freitag , 16.12

Samstag , 17.12

Sonntag , 18.12