

Montag , 11.07

Dienstag , 12.07

18:35 - 19:05

Simply Core
Bettina

19:15 - 20:10

Functional Workout
Bettina

Mittwoch , 13.07

18:00 - 18:55

Deep Work
Flavia

19:00 - 19:55

Yoga
Flavia

Donnerstag , 14.07

18:30 - 19:25

Yoga
Iris

Freitag , 15.07

Samstag , 16.07

11:00 - 11:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Irma

Sonntag , 17.07