

Montag , 25.12

Dienstag , 26.12

10:00 - 10:55

Core meets HIIT
Bettina

Mittwoch , 27.12

17:30 - 18:25

Pump
Leah

18:35 - 19:05

P.I.I.T
Leah

Donnerstag , 28.12

18:30 - 19:25

Yoga
Flavia

Freitag , 29.12

Samstag , 30.12

11:00 - 11:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Irma

Sonntag , 31.12