

Montag , 11.09

18:00 - 18:55

Pump
Rebecca

19:00 - 19:55

Fighttime 55'
Rebecca

Dienstag , 12.09

18:35 - 19:05

Simply Core
Bettina

19:15 - 20:10

Functional Workout
Bettina

Mittwoch , 13.09

17:30 - 18:25

Pump
Rebecca

18:35 - 19:05

P.I.I.T
Rebecca

Donnerstag , 14.09

18:30 - 19:25

Yoga
Iris

Freitag , 15.09

Samstag , 16.09

11:00 - 11:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Irma

Sonntag , 17.09