

Montag , 30.01

18:00 - 18:55

Pump
Nina

Dienstag , 31.01

07:30 - 08:25

Power Yoga
Team

17:35 - 18:05

Simply Core
Bettina

18:15 - 19:10

Functional Workout
Bettina

Mittwoch , 01.02

17:00 - 17:55

Pump
Nina

18:00 - 18:55

Toning
Flavia

19:00 - 19:55

Deep Work
Flavia

Donnerstag , 02.02

18:30 - 19:25

Yoga
Iris

Freitag , 03.02

Samstag , 04.02

11:00 - 11:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Irma

Sonntag , 05.02