

Montag , 09.01

18:00 - 18:55

Pump
Nina

Dienstag , 10.01

07:30 - 08:25

Yoga
Iris

17:35 - 18:05

Simply Core
Bettina

18:15 - 19:10

Functional Workout
Bettina

Mittwoch , 11.01

17:00 - 17:55

Pump
Nina

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Team

Donnerstag , 12.01

12:15 - 12:45

P.I.I.T
Bettina

18:30 - 19:25

Yoga
Iris

Freitag , 13.01

Samstag , 14.01

11:00 - 11:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Irma

Sonntag , 15.01