

Montag , 02.01

Dienstag , 03.01

18:15 - 19:10

Functional Workout
Bettina

18:30 - 19:00

Simply Core
Bettina

Mittwoch , 04.01

18:00 - 18:55

Deep Work
Flavia

18:00 - 18:55

Toning
Flavia

Donnerstag , 05.01

12:15 - 12:45

P.I.I.T
Bettina

18:30 - 19:25

Yoga
Iris

Freitag , 06.01

Samstag , 07.01

11:00 - 11:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Irma

Sonntag , 08.01