

Montag , 06.01

09:10 - 10:05

Pump
Katrin

18:05 - 19:00

Zumba
Adriana

19:10 - 20:05

Pilates
Beatriz

Dienstag , 07.01

09:10 - 10:05

Yoga
Katrin

18:00 - 18:30

P.I.I.T
Nadine

18:45 - 19:40

*BBP (Bauch, Beine, Po) /
Bodytone*
Nadine

Mittwoch , 08.01

18:15 - 19:10

Pump
Petra

19:30 - 20:25

Power Yoga
Jasmin

Donnerstag , 09.01

09:10 - 10:05

Zumba
Adriana

18:30 - 19:25

Functional Workout
Nadine

Freitag , 10.01

18:00 - 18:55

Powerstep
Adriana

Samstag , 11.01

10:05 - 11:00

Yoga
Katrin

Sonntag , 12.01