

Montag , 02.10

09:10 - 10:05

Power Yoga
Katrin

18:05 - 19:00

Zumba
Adriana

19:10 - 20:05

Pilates
Beatriz

Dienstag , 03.10

09:10 - 10:05

Yoga
Katrin

18:00 - 18:30

P.I.I.T
Nadine

18:45 - 19:40

*BBP (Bauch, Beine, Po) /
Bodytone*
Nadine

Mittwoch , 04.10

18:30 - 19:25

Pump
Petra

19:30 - 20:25

Power Yoga
Katrin

Donnerstag , 05.10

09:10 - 10:05

Zumba
Adriana

18:30 - 19:25

Functional Workout
Nadine

Freitag , 06.10

18:00 - 18:55

Powerstep
Adriana

Samstag , 07.10

10:05 - 11:00

Pump
Claudia

Sonntag , 08.10