

Montag , 04.07

09:15 - 10:10

Rückenfit
Marco

17:45 - 18:15

P.I.I.T
Sarina

18:30 - 19:25

Pump
Yvonne

Dienstag , 05.07

18:15 - 18:45

Simply Core
Jasmin

19:00 - 19:55

Power Yoga
Jasmin

Mittwoch , 06.07

09:15 - 10:10

Rückenfit
Marco

19:00 - 19:55

BBP (Bauch, Beine, Po) /
Bodytone
Yvonne

Donnerstag , 07.07

09:15 - 10:10

BBP (Bauch, Beine, Po) /
Bodytone
Martina

18:00 - 18:55

Pump
Dominic

19:05 - 20:00

Pilates
Andrea

Freitag , 08.07

09:15 - 10:10

Pilates
Andrea

Samstag , 09.07

Sonntag , 10.07