

Montag , 14.08

09:15 - 10:10

Pilates
Eva

18:00 - 18:55

Yoga
Nadine

19:05 - 20:00

Pump
Mariana

Dienstag , 15.08

09:30 - 10:25

Zumba
Miriam

12:10 - 12:40

P.I.I.T
Sandra

18:00 - 18:55

*BBP (Bauch, Beine,
Po) / Bodytone*
Sandra

19:05 - 20:00

Fitboxe
Sandra

Mittwoch , 16.08

12:15 - 12:45

Upcon
Ajla

17:30 - 18:25

Pilates
Monika

18:35 - 19:30

Pump
Mariana

19:40 - 20:35

Zumba
Andrea

Donnerstag , 17.08

09:15 - 10:10

*BBP (Bauch, Beine,
Po) / Bodytone*
Sandra

12:10 - 12:40

P.I.I.T
Sandra

18:00 - 18:30

Upcon
Nadine

18:40 - 19:35

Yoga
Nadine

Freitag , 18.08

09:15 - 10:10

Yoga
Nadine

Samstag , 19.08

Sonntag , 20.08