

Montag , 24.07

09:15 - 10:10

Pilates
Nicola

18:00 - 18:55

Yoga
Nadine

19:05 - 20:00

*BBP (Bauch, Beine, Po) /
Bodytone*
Sandra

Dienstag , 25.07

12:10 - 12:40

P.I.I.T
Sandra

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Sandra

19:05 - 20:00

Fitboxe
Sandra

Mittwoch , 26.07

17:30 - 18:25

Pilates
Vasiliki

18:35 - 19:30

Pump
Vasiliki

19:40 - 20:35

Zumba
Andrea

Donnerstag , 27.07

09:15 - 10:10

*BBP (Bauch, Beine,
Po) / Bodytone*
Sandra

12:10 - 12:40

P.I.I.T
Sandra

18:00 - 18:30

Upcon
Nadine

18:40 - 19:35

Yoga
Nadine

Freitag , 28.07

09:15 - 10:10

Yoga
Nadine

Samstag , 29.07

Sonntag , 30.07