

**Montag , 08.05**

**09:15 - 10:10**

*Pilates*  
Eva

**18:00 - 18:55**

*Yoga*  
Beatrice

**19:05 - 20:00**

*Pump*  
Mariana

**Dienstag , 09.05**

**09:30 - 10:25**

*Zumba*  
Miriam

**12:10 - 12:40**

*P.I.I.T*  
Sandra

**18:00 - 18:55**

*BBP (Bauch, Beine,  
Po) / Bodytone*  
Sandra

**19:05 - 20:00**

*Fitboxe*  
Sandra

**Mittwoch , 10.05**

**12:15 - 12:45**

*Upcon*  
Ajla

**17:30 - 18:25**

*Pilates*  
Vasiliki

**18:35 - 19:30**

*Pump*  
Nadja

**19:40 - 20:35**

*Zumba*  
Andrea

**Donnerstag , 11.05**

**09:15 - 10:10**

*BBP (Bauch, Beine,  
Po) / Bodytone*  
Sandra

**12:10 - 12:40**

*P.I.I.T*  
Sandra

**18:00 - 18:30**

*Upcon*  
Sandra

**18:40 - 19:35**

*Yoga*  
Seraina

**Freitag , 12.05**

**09:15 - 10:10**

*Yoga*  
Liliya

**Samstag , 13.05**

**Sonntag , 14.05**