

Montag , 02.01

09:15 - 10:10

Pilates
 Reto

18:00 - 18:55

Yoga
 Nadine

19:05 - 20:00

Pump
 Claudia

Dienstag , 03.01

09:30 - 10:25

Zumba
 Miriam

12:10 - 12:40

P.I.I.T
 Sandra

18:00 - 18:55

BBP (Bauch, Beine, Po) / Bodytone
 Sandra

19:05 - 20:00

Fitboxe
 Sandra

Mittwoch , 04.01

12:15 - 12:45

Upcon
 Nadine

17:30 - 18:25

Pilates
 Nicola

18:35 - 19:30

Pump
 Nadja

19:40 - 20:35

Zumba
 Andrea

Donnerstag , 05.01

09:15 - 10:10

BBP (Bauch, Beine, Po) / Bodytone
 Angela

18:00 - 18:30

Upcon
 Nadine

18:40 - 19:35

Yoga
 Nadine

Freitag , 06.01

09:15 - 10:10

Yoga
 Nadine

12:15 - 12:45

P.I.I.T
 Stéphanie

Samstag , 07.01

Sonntag , 08.01