

Montag , 26.12

Dienstag , 27.12

09:30 - 10:25

Zumba
Miriam

12:10 - 12:40

P.I.I.T
Sandra

18:00 - 18:55

BBP (Bauch, Beine,
Po) / Bodytone
Sandra

19:05 - 20:00

Fitboxe
Sandra

Mittwoch , 28.12

12:15 - 12:45

Upcon
Nadine

17:30 - 18:25

Pilates
Monika

18:35 - 19:30

Pump
Nadja

19:40 - 20:35

Zumba
Andrea

Donnerstag , 29.12

09:15 - 10:10

BBP (Bauch, Beine, Po) /
Bodytone
Sandra

18:00 - 18:30

Upcon
Nadine

18:40 - 19:35

Yoga
Nadine

Freitag , 30.12

09:15 - 10:10

Yoga
Nadine

12:15 - 12:45

P.I.I.T
Stéphanie

Samstag , 31.12

Sonntag , 01.01