

Montag , 08.12

18:00 - 18:55

Bodycombat
Sonia

19:00 - 19:55

Bodybalance
Sonia

Dienstag , 09.12

18:15 - 19:10

Core meets HIIT
Sandra

19:15 - 20:10

Functional Workout
Sandra

Mittwoch , 10.12

18:00 - 18:55

Zumba
Andrea

19:10 - 20:05

Muscle Work
Anna

Donnerstag , 11.12

18:30 - 19:25

Fitboxe
Céline B.

Freitag , 12.12

18:00 - 18:55

Zumba
Andrea

Samstag , 13.12

Sonntag , 14.12