

Montag , 17.11

18:00 - 18:55

Bodycombat
Sonia

19:00 - 19:55

Bodybalance
Sonia

Dienstag , 18.11

18:15 - 19:10

Core meets HIIT
Sandra

19:15 - 20:10

Functional Workout
Sandra

Mittwoch , 19.11

18:00 - 18:55

Zumba
Andrea

19:10 - 20:05

Muscle Work
Anna

Donnerstag , 20.11

18:30 - 19:25

Fitboxe
Céline B.

Freitag , 21.11

18:00 - 18:55

Zumba
Andrea

Samstag , 22.11

Sonntag , 23.11