

Montag , 22.01

18:00 - 18:55

Bodycombat
Sonia

19:00 - 19:55

Bodybalance
Sonia

Dienstag , 23.01

18:15 - 18:45

Interval Training
Céline H.

18:45 - 19:15

Core Training
Céline H.

19:15 - 20:10

Functional Workout
Céline H.

Mittwoch , 24.01

18:00 - 18:55

Zumba
Andrea

19:10 - 20:05

Pump
Anna

Donnerstag , 25.01

18:30 - 19:25

Fitboxe
Rebecca

Freitag , 26.01

18:30 - 19:25

Zumba
Andrea

Samstag , 27.01

Sonntag , 28.01