

Montag , 01.04

Dienstag , 02.04

09:05 - 10:00

Rückengymnastik
Liz

18:00 - 18:55

Zumba
Miriam

19:05 - 20:00

Power Yoga
Nina

Mittwoch , 03.04

09:05 - 10:00

Pump
Ajla

10:30 - 11:25

Spiralkraft
Monika

18:15 - 19:10

Pump
Veronica

Donnerstag , 04.04

09:05 - 10:00

Pilates
Vasiliki

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Selina

19:00 - 19:55

Fitboxe
Sandy

Freitag , 05.04

09:05 - 10:00

Zumba
Miriam

Samstag , 06.04

Sonntag , 07.04

09:00 - 09:55

Pump
Ajla

10:10 - 11:05

Pilates
Ajla