

Montag , 03.04

09:10 - 10:05

Pump
Michelle

18:00 - 18:55

Pump
Kim

19:15 - 20:10

Fitboxe
Nicole

Dienstag , 04.04

09:05 - 10:00

Yoga
Liz

18:00 - 18:55

Zumba
Diana

19:05 - 20:00

Power Yoga
Liliya

Mittwoch , 05.04

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Liz

10:30 - 11:25

Spiralkraft
Monika

18:15 - 19:10

*update Akademie Pump
Release*
Kim

Donnerstag , 06.04

09:05 - 10:00

Pilates
Sarah

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Selina

19:00 - 19:55

Fitboxe
Nicole

Freitag , 07.04

Samstag , 08.04

Sonntag , 09.04