

Montag , 06.03

09:10 - 10:05

Pump
Adriana

18:00 - 18:55

Pump
Kim

19:15 - 20:10

Fitboxe
Nicole

Dienstag , 07.03

09:05 - 10:00

Yoga
Isabelle

18:00 - 18:55

Zumba
Andrea

19:05 - 20:00

Power Yoga
Kim

Mittwoch , 08.03

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Nadine

10:30 - 11:25

Spiralkraft
Monika

18:15 - 19:10

Pump
Kim

Donnerstag , 09.03

09:05 - 10:00

Pilates
Vasiliki

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Selina

19:00 - 19:55

Fitboxe
Nicole

Freitag , 10.03

09:05 - 10:00

Zumba
Miriam

Samstag , 11.03

Sonntag , 12.03

09:00 - 09:55

Pump
Nadja

09:45 - 10:40

Pilates
Eva