

Montag , 26.09

09:10 - 10:05

Pump
Arliss

18:00 - 18:55

Pump
Kim

19:15 - 20:10

Fitboxe
Marina

Dienstag , 27.09

09:05 - 10:00

Yoga
Isabelle

18:00 - 18:55

Zumba
Diana

19:05 - 20:00

Power Yoga
Kim

Mittwoch , 28.09

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Arliss

10:30 - 11:25

Spiralkraft
Monika

18:15 - 19:10

Pump
Kim

Donnerstag , 29.09

09:05 - 10:00

Pilates
Vasiliki

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Nena Nevenka

19:00 - 19:55

Fitboxe
Sandra

Freitag , 30.09

09:05 - 10:00

Zumba
Miriam

Samstag , 01.10

Sonntag , 02.10