

Montag , 11.07

09:10 - 10:05

Pump
Arliss

18:00 - 18:55

Pump
Kim

19:15 - 20:10

Fitboxe
Nicole

Dienstag , 12.07

09:05 - 10:00

Yoga
Isabelle

18:00 - 18:55

Zumba
Diana

19:05 - 20:00

Power Yoga
Katja

Mittwoch , 13.07

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Arliss

10:30 - 11:25

Spiralkraft
Monika

18:15 - 19:10

Pump
Kim

Donnerstag , 14.07

09:05 - 10:00

Pilates
Vasiliki

19:00 - 19:55

Fitboxe
Sandra

Freitag , 15.07

Samstag , 16.07

Sonntag , 17.07