

Montag , 04.07

09:10 - 10:05

Pump
Arliss

18:00 - 18:55

Pump
Kim

19:15 - 20:10

Fitboxe
Nicole

Dienstag , 05.07

09:05 - 10:00

Yoga
Isabelle

18:00 - 18:55

Zumba
Diana

19:05 - 20:00

Power Yoga
Katja

Mittwoch , 06.07

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Arliss

10:30 - 11:25

Spiralkraft
Monika

18:15 - 19:10

Pump
Kim

Donnerstag , 07.07

09:05 - 10:00

Pilates
Sarah

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Sandra

19:10 - 20:05

Fitboxe
Sandra

Freitag , 08.07

09:05 - 10:00

Zumba
Miriam

Samstag , 09.07

Sonntag , 10.07