

Montag , 09.01

09:10 - 10:05

Pump
Arliss

18:00 - 18:55

Pump
Kim

19:15 - 20:10

Fitboxe
Andrej

Dienstag , 10.01

09:05 - 10:00

Yoga
Isabelle

18:00 - 18:55

Zumba
Diana

19:05 - 20:00

Power Yoga
Kim

Mittwoch , 11.01

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Arliss

10:30 - 11:25

Spiralkraft
Monika

18:15 - 19:10

Pump
Kim

Donnerstag , 12.01

09:05 - 10:00

Pilates
Vasiliki

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Selina

19:00 - 19:55

Fitboxe
Sandra

Freitag , 13.01

09:05 - 10:00

Zumba
Miriam

Samstag , 14.01

Sonntag , 15.01

09:00 - 09:55

Pump
Vicky

10:10 - 11:05

Pilates
Vicky