

Montag , 19.12

09:10 - 10:05

Pump
Michelle

18:00 - 18:55

Pump
Kim

19:15 - 20:10

Fitboxe
Nicole

Dienstag , 20.12

09:05 - 10:00

Yoga
Isabelle

18:00 - 18:55

Zumba
Diana

19:05 - 20:00

Power Yoga
Kim

Mittwoch , 21.12

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Nadine

10:30 - 11:25

Spiralkraft
Monika

18:15 - 19:10

Pump
Kim

Donnerstag , 22.12

09:05 - 10:00

Pilates
Vasiliki

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Nena Nevenka

19:00 - 19:55

Fitboxe
Sandy

Freitag , 23.12

09:05 - 10:00

Zumba
Miriam

Samstag , 24.12

Sonntag , 25.12