

Montag , 12.12

09:10 - 10:05

Pump
Arliiss

18:00 - 18:55

Pump
Kim

19:15 - 20:10

Fitboxe
Nicole

Dienstag , 13.12

09:05 - 10:00

Yoga
Isabelle

18:00 - 18:55

Zumba
Diana

19:05 - 20:00

Power Yoga
Claudia

Mittwoch , 14.12

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Arliiss

18:15 - 19:10

Pump
Monika

Donnerstag , 15.12

09:05 - 10:00

Pilates
Vasiliki

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Nena Nevenka

19:00 - 19:55

Fitboxe
Alina

Freitag , 16.12

09:05 - 10:00

Zumba
Miriam

Samstag , 17.12

Sonntag , 18.12

08:30 - 09:25

Pump
Vicky

09:45 - 10:40

Pilates
Vicky