

Montag , 03.04

09:30 - 10:25

Pump
Ursi

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Patricia

19:00 - 19:55

Fitboxe
Susanne

Dienstag , 04.04

09:30 - 10:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Sandra

18:00 - 18:55

*update Akademie
Fighttime Release*
Manuela

19:00 - 19:55

Zumba
Petra

Mittwoch , 05.04

09:30 - 10:25

Yoga
Marina

Donnerstag , 06.04

18:30 - 19:25

Powerstep
Susanne

19:30 - 20:25

Fitboxe
Susanne

Freitag , 07.04

Samstag , 08.04

Sonntag , 09.04