

Montag , 15.09

09:00 - 09:55 <i>Yoga</i> Christina	18:00 - 18:55 <i>Yoga</i> Angela	19:05 - 20:00 <i>Pump</i> Laura
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Dienstag , 16.09

08:50 - 09:45 <i>Zumba</i> Yered	18:00 - 18:55 <i>TRX</i> Gabriela	19:05 - 20:00 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Sandra
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Mittwoch , 17.09

18:00 - 18:55 <i>Circuit Training</i> Anna

Donnerstag , 18.09

09:00 - 09:55 <i>Pilates</i> Katja	18:00 - 18:55 <i>Zumba</i> Yered	19:05 - 20:00 <i>Pump</i> Laura
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Freitag , 19.09

18:00 - 18:55 <i>Yoga</i> Kerstin
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Samstag , 20.09

Sonntag , 21.09