

Montag , 20.06

09:15 - 10:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Wulan

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Team

19:05 - 20:00

Pilates
Andrea

Dienstag , 21.06

09:15 - 10:10

Functional Workout
Carmen

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Yvonne

Mittwoch , 22.06

09:15 - 10:10

Rückenfit
Olivia

18:00 - 18:30

Simply Core
Team

18:40 - 19:35

Pump
Team

Donnerstag , 23.06

09:15 - 10:10

Pilates
Carmen

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Sandra

Freitag , 24.06

09:15 - 10:10

Functional Workout
Carmen

12:20 - 12:50

Simply Core
Yvonne

18:00 - 18:55

Zumba
Chantal

Samstag , 25.06

Sonntag , 26.06

10:00 - 10:55

Pump
Tiziana