

Montag , 24.02

09:30 - 10:25 <i>Pump</i> Sarina	18:00 - 18:55 <i>Pump</i> Melanie	19:05 - 20:00 <i>Pilates</i> Francesco
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Dienstag , 25.02

09:15 - 10:10 <i>Functional Workout</i> Sarina	10:15 - 10:45 <i>Stretching</i> Sarina	18:00 - 18:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Yvonne	19:05 - 20:00 <i>Fighttime 55'</i> Nicole
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Mittwoch , 26.02

09:15 - 10:10 <i>Rückenfit</i> Olivia	18:00 - 18:30 <i>Simply Core</i> Sarina	18:40 - 19:35 <i>Pump</i> Sarina
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Donnerstag , 27.02

09:15 - 09:45 <i>P.I.I.T</i> Sarina	09:50 - 10:20 <i>Stretching</i> Sarina	18:00 - 18:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Boglarka	19:05 - 20:00 <i>Yoga</i> Boglarka
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Freitag , 28.02

09:30 - 10:25 <i>Functional Workout</i> Sarina

Samstag , 01.03

Sonntag , 02.03

10:00 - 10:55 <i>Pump</i> Sarina
