

Montag , 15.04

09:30 - 10:25

Pilates
Giobana

18:00 - 18:25

Pump i.t.
Dominic

18:35 - 19:00

P.I.I.T
Dominic

19:15 - 20:10

Zumba
Katarzyna

Dienstag , 16.04

18:00 - 18:55

Rückengymnastik
Csilla

19:10 - 20:05

BBP (Bauch, Beine, Po) /
Bodytone
Alina

Mittwoch , 17.04

09:00 - 09:55

Yoga
Giobana

17:35 - 18:30

Pilates
Giobana

19:00 - 19:55

Pump
Vittoria

Donnerstag , 18.04

09:00 - 09:55

Pump
Vittoria

18:00 - 18:55

Yoga
Giobana

19:15 - 20:10

Cycling
Remo

Freitag , 19.04

18:00 - 18:55

Functional Workout
Dominic

19:00 - 19:55

Zumba
Katarzyna

Samstag , 20.04

Sonntag , 21.04