

Montag , 29.12

09:30 - 10:25

Pilates
Giobana

18:00 - 18:30

Pump i.t.
Dominic

18:35 - 19:05

P.I.I.T
Dominic

19:15 - 20:10

*Dance Aerobic / Dance
Mix*
Larissa

Dienstag , 30.12

18:00 - 18:55

Rückengymnastik
Csilla

19:10 - 20:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Alina

Mittwoch , 31.12

09:00 - 09:55

Yoga
Giobana

17:35 - 18:30

Pilates
Giobana

19:00 - 19:55

Pump
Vittoria

Donnerstag , 01.01

Freitag , 02.01

Samstag , 03.01

Sonntag , 04.01