

Montag , 15.05

09:30 - 10:25

Pilates
Giobana

18:00 - 18:25

Pump i.t.
Dominic

18:35 - 19:00

P.I.I.T
Dominic

19:15 - 20:10

Dance Aerobic / Dance Mix
Larissa

Dienstag , 16.05

18:00 - 18:55

Rückengymnastik
Csilla

19:15 - 20:10

BBP (Bauch, Beine, Po) / Bodytone
Vittoria

Mittwoch , 17.05

09:00 - 09:55

Yoga
Giobana

19:00 - 19:55

Pump
Dominic

Donnerstag , 18.05

Freitag , 19.05

18:00 - 18:55

Functional Workout
Dominic

Samstag , 20.05

Sonntag , 21.05