

Montag , 17.04

09:30 - 10:25

Pilates
Csilla

18:00 - 18:25

Pump i.t.
Dominic

18:35 - 19:00

P.I.I.T
Dominic

Dienstag , 18.04

18:00 - 18:55

Rückengymnastik
Csilla

19:15 - 20:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Vittoria

Mittwoch , 19.04

09:00 - 09:55

Yoga
Whitley

17:45 - 18:40

Pilates
Larissa

19:00 - 19:55

Pump
Vittoria

Donnerstag , 20.04

18:00 - 18:55

Yoga
Larissa

19:15 - 20:10

Cycling
Remo

Freitag , 21.04

18:00 - 18:55

Functional Workout
Dominic

Samstag , 22.04

Sonntag , 23.04