

Montag , 27.03

**09:30 - 10:25**

*Pilates*  
Giobana

**18:00 - 18:25**

*Pump i.t.*  
Dominic

**18:35 - 19:00**

*P.I.I.T*  
Dominic

Dienstag , 28.03

**18:00 - 18:55**

*Rückengymnastik*  
Csilla

**19:15 - 20:10**

*BBP (Bauch, Beine, Po) /*  
*Bodytone*  
Vittoria

Mittwoch , 29.03

**09:00 - 09:55**

*Yoga*  
Giobana

**17:45 - 18:40**

*Pilates*  
Giobana

**19:00 - 19:55**

*Pump*  
Vittoria

Donnerstag , 30.03

**18:00 - 18:55**

*Yoga*  
Giobana

**19:15 - 20:10**

*Cycling*  
Remo

Freitag , 31.03

**18:00 - 18:55**

*Functional Workout*  
Vittoria

Samstag , 01.04

Sonntag , 02.04