

Montag , 13.02

09:10 - 10:05

Pump
Sally

19:00 - 19:55

Pump
Maja

Dienstag , 14.02

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Sally

18:15 - 19:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Maja

19:30 - 20:25

Yoga
Isabel

Mittwoch , 15.02

18:30 - 19:25

Pump
Maja

Donnerstag , 16.02

09:10 - 10:05

Pilates
Sally

18:00 - 18:55

Zumba
Mirjam

19:15 - 20:10

Functional Workout
Sally

Freitag , 17.02

09:10 - 10:05

Zumba
Mirjam

18:00 - 18:55

Pilates
Sally

Samstag , 18.02

10:00 - 10:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Petra

Sonntag , 19.02