

Montag , 03.10

09:00 - 09:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Viktoria

18:00 - 18:55

Fitboxe
Rebecca

19:30 - 20:25

Power Yoga
Isabelle

Dienstag , 04.10

19:15 - 20:10

Pump
Vasiliki

Mittwoch , 05.10

08:30 - 09:25

Pilates
Vasiliki

18:00 - 18:55

Power Yoga
Monica

Donnerstag , 06.10

09:00 - 09:55

Power Yoga
Karin

18:00 - 18:55

Zumba
Diana Patricia

Freitag , 07.10

08:25 - 09:20

Rückenfit
Monika

Samstag , 08.10

09:30 - 10:25

Pump
Vicky

Sonntag , 09.10