

Montag , 08.04

08:50 - 09:45

Pump
Asena

09:55 - 10:50

*BBP (Bauch, Beine,
Po) / Bodytone*
Nadia

18:00 - 18:55

Upcon
Céline H.

19:10 - 20:05

Yoga Strength&Flow
Carmen

Dienstag , 09.04

10:00 - 10:55

Pilates
Beatriz

18:00 - 18:55

Pump
Ruth

19:10 - 20:05

Fitboxe
Rebecca

Mittwoch , 10.04

09:30 - 10:25

Functional Workout
Barbara

18:30 - 19:25

Kick Power
Céline B.

Donnerstag , 11.04

17:30 - 18:25

Zumba
Yasmine

18:45 - 19:40

Power Yoga
Bruno

Freitag , 12.04

09:00 - 09:55

Pump
Ruth

10:05 - 11:00

Yoga
Beatriz

Samstag , 13.04

09:00 - 09:55

Pump
Ruth

10:15 - 11:10

Fitboxe
Rebecca

Sonntag , 14.04