

Montag , 28.11

08:50 - 09:45

Pump
Andrea

09:55 - 10:50

*BBP (Bauch, Beine,
Po) / Bodytone*
Nadja

18:00 - 18:55

Upcon
Brigitte

19:10 - 20:05

Yoga
Maya

Dienstag , 29.11

10:00 - 10:55

Pilates
Beatriz

18:00 - 18:55

Pump
Ruth

Mittwoch , 30.11

09:30 - 10:25

Functional Workout
Barbara

18:30 - 19:25

Kick Power
Sarah

Donnerstag , 01.12

17:30 - 18:25

Zumba
Josephine

18:45 - 19:40

Power Yoga
Bruno

Freitag , 02.12

09:30 - 10:25

Yoga
Pedro

Samstag , 03.12

09:30 - 10:25

Pump
Ruth

Sonntag , 04.12