

Montag , 11.07

08:50 - 09:45

Pump
Andrea

09:55 - 10:50

*BBP (Bauch, Beine,
Po) / Bodytone*
Nadja

18:00 - 18:55

Upcon
Brigitte

19:10 - 20:05

Yoga
Pedro

Dienstag , 12.07

10:00 - 10:55

Pilates
Pedro

18:00 - 18:55

Pump
Ruth

Mittwoch , 13.07

18:30 - 19:25

Kick Power
Céline

Donnerstag , 14.07

17:30 - 18:25

Zumba
Daniela

18:45 - 19:40

Power Yoga
Bruno

Freitag , 15.07

10:00 - 10:55

Yoga
Pedro

Samstag , 16.07

Sonntag , 17.07