

Montag , 04.07

08:50 - 09:45

Pump
Andrea

09:55 - 10:50

*BBP (Bauch, Beine,
Po) / Bodytone*
Nadja

18:00 - 18:55

Upcon
Antoinette

19:10 - 20:05

Yoga
Pedro

Dienstag , 05.07

10:00 - 10:55

Pilates
Beatriz

18:00 - 18:55

Pump
Ruth

Mittwoch , 06.07

09:30 - 10:25

Functional Workout
Joanna

18:30 - 19:25

Kick Power
Céline

Donnerstag , 07.07

17:30 - 18:25

Zumba
Josephine

18:45 - 19:40

Power Yoga
Pedro

Freitag , 08.07

10:00 - 10:55

Yoga
Pedro

Samstag , 09.07

Sonntag , 10.07