

Montag , 10.07

08:50 - 09:45

Pump
Andrea

09:55 - 10:50

*BBP (Bauch, Beine,
Po) / Bodytone*
Nadja

18:00 - 18:55

Upcon
Brigitte

19:10 - 20:05

Yoga Strength&Flow
Nadia

Dienstag , 11.07

09:00 - 09:55

Step'n Tone
Barbara

10:00 - 10:55

Pilates
Pedro

18:00 - 18:55

Pump
Ruth

19:10 - 20:05

Fitboxe
Rebecca

Mittwoch , 12.07

09:30 - 10:25

Functional Workout
Barbara

18:30 - 19:25

Kick Power
Ruth

Donnerstag , 13.07

17:30 - 18:25

Zumba
Josephine

18:45 - 19:40

Power Yoga
Bruno

Freitag , 14.07

09:00 - 09:55

Pump
Asena

10:05 - 11:00

Yoga
Pedro

Samstag , 15.07

10:15 - 11:10

Fitboxe
Céline H.

Sonntag , 16.07